

## Appendix 4: Promotional Materials

### Promotional Material

# PRELIMINARY INFORMATION CHILDREN'S MENTAL HEALTH

## A TELE EDUCATION PROGRAM

*What are the Mental Health Disorders of Childhood and what are the Implications for the Work that you do?*

- What is the relationship between mental health disorders in children and the onset of conditions such as depression in adolescence and adulthood?
- Have you ever wondered why all your usual strategies don't work with some children?
- Have you ever wondered why some children and families go from crisis to crisis?

### **The Aims of the Project:**

An understanding of children's mental health is a major dimension in working with families. It is critical in terms of providing continuity of care for families that have multiple needs and who require long term intervention. This project aims to provide workers in this region with access to specialist high quality training from experts in the field of children's mental health.

### **The Presenters:**

All presenters will be selected from the staff of MH SKY, Women's and Children's Health Care Network on the basis of their expertise in particular areas of children's mental health and their ability to use the medium of tele education effectively.

### **Content:**

This series of seminars will give an overview and provide an understanding of the theory of mental health disorders of childhood. Each of the presentations will incorporate a focus on case material and practical strategies for working with children and families affected by these disorders. The sessions are all unrelated and participants are encouraged to attend all sessions to obtain maximum benefit from this program.

### **Program Dates:**

The program will consist of 12 three-hour sessions. The timeframe for the program will be decided by the needs of agencies. It is proposed to commence the project in October 1999 and conclude by March 2000.

### **Venue:**

John Bamford Centre, Division of Psychiatry, Corner of Condon and Creek Streets, Strathdale.

### **Cost:**

The program is offered free of charge to workers and agencies in the Lockton Southern Mallee Region.

*A Joint Project of  
Bendigo Health Care Group Division of Psychiatry  
and MH SKY Women's and Children's Health Care Network*

**Funding provided by the Department of Health and Ageed Care  
through the RHSET Program.**

*Teleconferencing is an interactive medium, which allows participants to take an active role in the lectures by making comments, asking questions etc.*

## REGISTRATION

### CHILDREN'S MENTAL HEALTH TELE EDUCATION PROGRAM

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

\_\_\_\_\_

TELEPHONE: \_\_\_\_\_

Please register by telephoning Janette or  
Cindy on 5440 6555 or by fax  
on 5440 6502.

There are only 20 places available in this  
program. If the program is over-sub-  
scribed every effort will be made to  
allocate places so that all agencies are  
represented. A waiting list will be estab-  
lished if necessary.

Closing date for registrations -  
Friday 15th October 1999

Funded by the Department of  
Health and Aged Care through the  
RHSET Program.



John Bonford Centre  
Bendigo Health Care Group  
Division of Psychiatry

A Joint Project  
Mental Health Services for Kids & Youth  
(Women & Children's Health Care Network)  
and  
Bendigo Health Care Group  
Division of Psychiatry

*A unique opportunity to  
participate in a children's  
mental health program  
offered by some of the  
leading practitioners in  
the field.*



## THE PRESENTERS

Presenters from the Women and Children's Health Care Network are:

- Marell Lynch
- Dr Deb Marks
- Toni Heron
- Eve Newman
- Ruth Wraith

All presenters have an interest in and/or experience in child psychiatry in rural and regional areas. The presenters have experience in collaborative work with child and family agencies. Areas of special interest of presenters are Post Traumatic Stress Disorder, Attachment Disorder, Difficult Behaviour and Grief and Loss Issues in children.

All sessions will be co-facilitated by staff from the Division of Psychiatry, Child & Adolescent Mental Health Service (CAMHS).

## THE MEDIUM

Presentations will be delivered through the use of Video Conferencing technology. The use of video Conferencing technology has proven to be a useful and effective medium to deliver consultation and educational services to workers in rural Victoria without the need to travel long distances.

### Who Should Attend

This series of sessions will be of interest to workers who:

- a) work in the field of early intervention
- b) work in residential care settings
- c) work in community based health settings

### Dates: Part 1

Tuesday 05/11/1999 - 10:00 am - 1:30 pm  
Tuesday 23/11/1999 - 1:00 pm - 3:30 pm  
Tuesday 30/11/1999 - 1:00 pm - 3:30 pm  
Tuesday 14/12/1999 - 10:00 am - 1:30 pm

### Dates: Part 2

Tuesday 08/02/2000 - 10:00 am - 1:30 pm  
Tuesday 22/02/2000 - 1:00 pm - 3:30 pm  
Tuesday 07/03/2000 - 1:00 pm - 3:30 pm  
Tuesday 21/03/2000 - 10:00 am - 1:30 pm

**Venue:** Janet Bonford Centre  
Division of Psychiatry  
c/o of Gordon & Greek Streets  
STRATHFIELD 3090

### What does this Program Offer?

This is a program in Children's Mental Health for non-psychiatrically trained workers. Several major themes run across the entire program. These are: Working with Parents, Managing Difficult Behaviours and the Effects of Trauma.

### Specifically the Program will Cover:

- Post Traumatic Stress Disorder
- Attachment Disorder
- Grief and Loss in Children
- Abuse Issues
- The Anxious and Aggressive Child

This will be an intensive program built around case studies which participants will work through. The course includes notes.

This is a sequential program that relies on participants attending the full course. A certificate will be given to participants who attend the full course.

